



Pennsylvania Canine Search & Rescue

PO Box 673

Adamstown, PA 19501

CALL 717-471-6053 or 484-332-2694

Personal First Aid and Survival Kit

- 1 - Plastic bag, zip lock, qt. size, for kit
- 8 - Matches in a waterproof container
- 4 - Acetaminophen or aspirin tablets
- 1 - Moleskin
- 4 - Antacid tablets
- 1 - Chemical Light Stick
- 2 - Antiseptic cleansing pads
- 1 - Roller gauze bandage
- 1 - Antiseptic ointment
- 2 - Safety pins, large
- 6 - Band aids, various sizes
- 1 - Splinter forceps, tweezers
- 1 - Candle, long burning/ Survival Type
- 1 - Space type blanket or space type sleeping bag
- 2 - Cotton swabs, non sterile
- 1 - 1 oz container of hand sanitizer
- 2 - Extra leaf bags
- 1 - Flashlight or headlamp w/extra batteries
- 1 - Socks, extra pair\\
- 1 - Sunscreen lotion
- 1 - Extra Flashlight or headlamp w/extra batteries
- 1 - Food, minimum 1 days worth
- 1 - Toilet Paper
- 1 - Footwear, sturdy, adequate for climate
- 1 - Tracking stick, 42" long
- 1 - Gloves, durable, season dependent
- 1 - Watch
- 1 - Eye protection, clear
- 2 - Water separate containers, at least 1 liter size each
- 1 - Insect repellent
- 1 - Webbing, 1" tubular – 25' length
- 1 - Knife, multi-tool type or swiss army type
- 8 - Wire ties, plastic, self locking
- 1 - Lip balm, with sunscreen
- 1 - Foam (Sleeping Pad)
- 1 - Duct tape, 5-10 ft.
- 1 - Whistle
- 1 - Leaf bag, large

(Non-urban) Personal SAR Equipment

- 1 - Pack, 2,400 cubic inch (minimum)
- 1 - Measuring device, 18 in. minimum
- 4 - Bags, various sizes, zip locked
- 1 - Metal cup or pot
- 1 - Bandanna, handkerchief
- 1 - Mirror, signal
- 1 - Cap or other headgear
- 1 - Nylon twine or small rope, 50 feet
- 2 - Carabiners, locking gate (F1956 compliant minimum)
- 1 - Pad and pencil
- 1 - Clothes bag, waterproof
- 2 - Prusik cords (6mm – 8mm; 6 ft. length)
- 1 - Clothing, adequate for climate (worn)
- 1 - Rainwear jacket and pants, durable/ breathable
- 1 - Clothing, extra set, suitable for climate
- 1 - SAR personal picture identification
- 1 - Compass, orienteering type
- 1 - Shelter Material, 8x10 plastic or coated nylon
- 1 - Flagging tape, roll